

, 31.1. - 2.2.2018

16 , 400m
01.02.2018

Records of the Republic of Belarus 3:52.78 , BLR 01.01.2013
KMC : 4:24.00 / MC : 4:10.00 / MCMK : 3:50.24

: FINA 2014

								R.T.				
1.			1999	-		+0,72	3:55.00	821				
	50m:	27.14	27.14	150m:	1:26.66	30.00	250m:	2:27.26	30.30	350m:	3:27.91	30.24
	100m:	56.66	29.52	200m:	1:56.96	30.30	300m:	2:57.67	30.41	400m:	3:55.00	27.09
2.			1998	-		+0,71	3:56.51	805				
	50m:	27.19	27.19	150m:	1:26.43	29.92	250m:	2:27.26	30.31	350m:	3:28.09	30.18
	100m:	56.51	29.32	200m:	1:56.95	30.52	300m:	2:57.91	30.65	400m:	3:56.51	28.42
3.			2000			+0,74	3:59.01	780				
	50m:	26.30	26.30	150m:	1:25.48	29.81	250m:	2:27.06	30.99	350m:	3:28.81	30.57
	100m:	55.67	29.37	200m:	1:56.07	30.59	300m:	2:58.24	31.18	400m:	3:59.01	30.20
4.			2000			+0,78	4:05.82	717				
	50m:	28.29	28.29	150m:	1:30.65	31.48	250m:	2:33.65	31.61	350m:	3:36.11	31.01
	100m:	59.17	30.88	200m:	2:02.04	31.39	300m:	3:05.10	31.45	400m:	4:05.82	29.71
5.			1995			+0,77	4:06.76	709				
	50m:	27.34	27.34	150m:	1:28.20	30.82	250m:	2:31.44	31.80	350m:	3:36.09	32.36
	100m:	57.38	30.04	200m:	1:59.64	31.44	300m:	3:03.73	32.29	400m:	4:06.76	30.67
6.			1996			+0,63	4:10.30	679				
	50m:	28.38	28.38	150m:	1:31.16	31.93	250m:	2:35.30	31.99	350m:	3:39.68	31.69
	100m:	59.23	30.85	200m:	2:03.31	32.15	300m:	3:07.99	32.69	400m:	4:10.30	30.62
7.			1998			+0,66	4:10.52	677				
	50m:	28.05	28.05	150m:	1:30.84	31.70	250m:	2:34.75	31.91	350m:	3:39.01	32.21
	100m:	59.14	31.09	200m:	2:02.84	32.00	300m:	3:06.80	32.05	400m:	4:10.52	31.51
8.			1997			+0,71	4:17.29	625				
	50m:	27.46	27.46	150m:	1:29.55	31.60	250m:	2:36.19	33.32	350m:	3:44.86	34.30
	100m:	57.95	30.49	200m:	2:02.87	33.32	300m:	3:10.56	34.37	400m:	4:17.29	32.43